

MAIA SPA - MENU

COMPLIMENTARY SESSIONS

Morning movement sessions run every morning at 8.00 am, an ideal way to start the day

Accompanied Yoga

Traditional Hatha breathing and stretching postures to improve mobility and bring clarity of mind

Self-Shiatsu

Gentle movements to open the meridians (pathways of energy), improving and maintaining overall well-being and health

Qi Gong

A meditative introductory session that focuses on increasing circulation in the body

Private Sessions 30/60 mins EUR 40/75

TREATMENT COMBINATIONS FOR PURE PLEASURE

Morning Magic at Maia

A 60-minute yoga session, followed by a 90-minute massage of your choice 180 min EUR 170

Island Pleasure

A 60-minute body polish and exfoliation using natural sea salts, followed by a bath of your choice and full body massage 150 min EUR 190

Sea mint and clay cocoon + 30 min EUR 45

La Prairie Caviar Firming treatment for face + 90 min EUR 150

Mahé

A 75-minute massage followed by a 90-minute La Prairie Cellular treatment for the face 180 min EUR 210

La Digue

Invigorating and cleansing turmeric body scrub followed by a sea mint and clay cocoon 150 min EUR 210

followed by the La Prairie Caviar Firming treatment for the face

Anse Louis

Cooling hydrating gel with banana leaf wrap included foot massage and refreshing mask 120 min EUR 155

followed by sunset facial

Moisturizing coconut cleansing +45 min EUR 60

MASSAGES

Massage Rejuvenation

A series of ten massage coupons to enjoy throughout your stay 90 min EUR 990

Maia Signature Massage

A unique fusion of long strokes using consistent pressure and gentle stretching blended with soothing, rhythmical flow of delivery to ease muscle tension 75 / 90 min EUR 90 / 110

20 Fingers Massage

Two practitioners working together in harmony applying pressure and long strokes to gently stretch the whole body 60 min EUR 150

Gentle Soul Massage

For massage connoisseurs, this massage takes place on a floor mat without using oil. Full-palm pressure, synchronized with the breath, moving deeply and gently into tired muscles 60 min EUR 75

Intuitive Massage

Advanced techniques and personal intuition melt into creative sessions to release tension. Yoga-influenced stretches offer new ways to release back stress while the guest is comfortably lying face up 90 min EUR 110

"Dancing Fingers" Massage

Traditional massage using firm thumb pressure, deep presses and gripping techniques along the meridians to release energy and improve circulation. Minimal oil used 75 / 90 min EUR 90 / 110

Muscle Relaxing Massage

A deep massage focusing on knotted muscles 60 min EUR 75



LA PRAIRIE FOR THE FACE

Pure Gold Radiance Facial

La Prairie's latest anti-ageing treatment turns to the use of pure gold drops to make the skin smoother, more vibrant and radiant

90 min EUR 160

Caviar Firming Treatment

Pure luxury that instantly firms skin, giving it a more perfect tone and texture. Caviar pearls, a face and eye massage and a two-phase Caviar Mask will transform even the duller complexions into radiant, luminous skin

90 min EUR 150

Swiss Cellular De-Ageing Treatment

Your weapon against skin ageing. Offers effective yet gentle exfoliation with state-of-the-art Alpha Hydroxy Acids to reduce the appearance of fine dry skin lines and wrinkles, leaving a brighter, younger, healthier complexion

90 min EUR 140

Cellular Hydrating Treatment

The most dramatic results for stressed, fatigued skin. This intensive treatment combines energizing masks and massages with the revitalizing benefits of Cellular Cycle Ampoules for The Face, La Prairie's most exclusive cure

90 min EUR 140

Cellular Purifying Treatment

Normalize over-active, oil-prone and combination skin. A variety of deep cleansing masks removes impurities, refines pores and clarify skin, leaving it clean, clear and balanced with a beautiful matte finish

90 min EUR 140

LA PRAIRIE FOR THE BODY

Caviar Body Treatment

Luxurious caviar - nature's most exquisite bounty - is the source of this exclusive nourishing and energizing total body massage. This ultimate firming treatment leaves skin shimmering with renewed vitality, improved elasticity and an overall sense of well-being

90 min EUR 155

Cellular Detoxifying Back Treatment

Men and women alike will benefit from this intense treatment for the back. The cleansing, exfoliating and regulating-mask applications purify and pamper this often overlooked area, while a heavenly foot and hand massage lets you drift away

60 min EUR 110

LA PRAIRIE FOR MEN

Swiss Cellular Treatment for Gentlemen

Choose between a detoxifying or soothing treatment depending on skin type. Instantly cleanses, energizes and conditions the skin. The treatment also helps to normalize skin's behaviour and prevents irritation before it begins and corrects stressed skin

60 min EUR 110

Complete Treatment for Gentlemen

Deep muscle massage followed by pedicure and refreshing foot massage and mask
La Prairie facial for men

150 min EUR 195

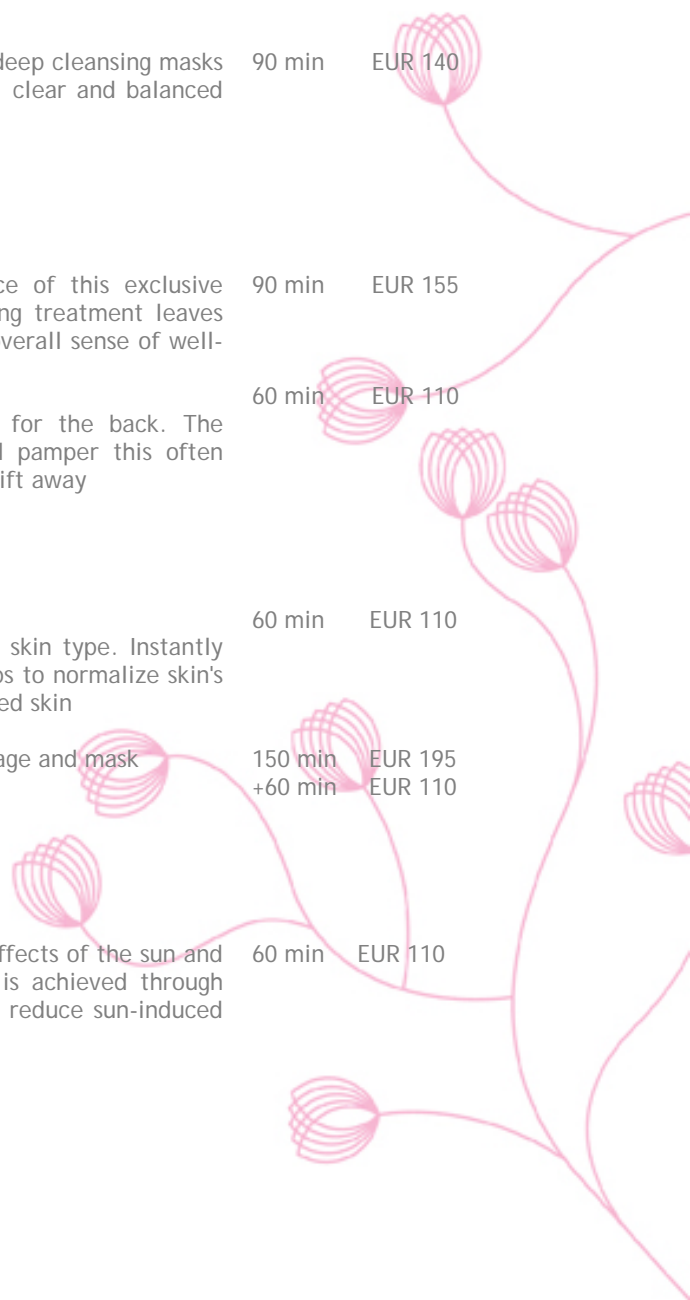
+60 min EUR 110

LA PRAIRIE EXCLUSIVE FIVE-STAR TREATMENTS

After Sunset Treatment for the face

This special face program is designed to repair and counteract the effects of the sun and the sea, as well as create a complete sense of well-being. This is achieved through alternating warm and cool treatments, accompanied by draining to reduce sun-induced puffiness and a tantalizing "butterfly" face massage

60 min EUR 110



BODY EXFOLIATIONS

RECOMMENDED WITH A BATH OR BODY WRAP OF YOUR CHOICE

A fusion of pure, natural and organic ingredients cleanses the skin

White herbal turmeric

Fresh sea mint

Natural coconut and vanilla

45 min

EUR 60

NATURAL AROMATHERAPY AND HERBAL BATHS

AVAILABLE IN THE SPA OR IN THE PRIVACY OF YOUR VILLA BEFORE OR AFTER TREATMENTS

Can be served with Champagne

Maia Signature Bath

Blends of Ylang-Ylang, Sandalwood and Bergamot to clear mind, body and soul

EUR 25

Indian Ocean Rhapsody

Blends of Lavender, Geranium and Sandalwood to calm and soothe your senses

EUR 25

Island Spirit

Blends of Bergamot, Orange and Ylang-Ylang to uplift and energize

EUR 25

Eden

Blends of Lavender, Eucalyptus and Geranium to provide recovery from jet lag

EUR 25

Island Rendezvous

Blends of Eucalyptus, Peppermint and Lavender to clear sinuses and colds

EUR 25

Island Dream

Stimulating peppermint and tangerine soak to add warmth and radiance to the skin

EUR 25

Takamaka

Deep cleansing lemongrass and chamomile soak, to soothe and relax tired muscles

EUR 25

Frangipani

Bubble bath with wild honey and frangipani to replenish and rejuvenate the skin

EUR 25

Tropicana

Hibiscus and Coconut Milk bath to moisturize dry skin

EUR 50

IDEAS FOR A WEEK OF SPA EXPLORATIONS - OFFERED IN SPA

Day One

Massage of choice (60/75/90 minutes) followed by bath of choice and La Prairie Cellular Detoxifying Back treatment

135/150/165 mins

EUR 200/215/235

Day Two

60-minute yoga session followed by a 90 minute La Prairie Caviar Firming Treatment

150 min

EUR 185

Day Three

Gentle Soul Massage followed by an application of cool hydrating gel and a natural banana leaf wrap. Includes foot massage with refreshing foot mask

150 min

EUR 190

Day Four

60-minute yoga session followed by nutritious crème bath for hair. Finish with a manicure or pedicure

165 min

EUR 200

Day Five

Body exfoliation of choice and relaxing massage of choice. Manicure and pedicure followed by La Prairie Caviar Firming Facial

315/330/345 mins

EUR 430/450 /470

FOR THE YOUNGER GENERATION SPA EXPLORATION PACKAGE

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| • Massage with Lavender oil | 30/60mins | EUR 45/75 |
| • Cleansing foot bath, massage and foot mask | 30 min | EUR 45 |
| • Choice of nail polish on fingers or toes | 30 min | EUR 45 |
| • Chocolate fudge or banana split bath scent | 15 min | EUR 25 |
| • Gentle skin cleansing with fresh coconut and bath | 45 min | EUR 60 |

SALON CARE

<i>Herbal Crème Nutrition Hair Treatment</i> Fragrant coconut crème and tangerine essential oils soothe sun-kissed hair after days of exposure to island sun	45 min	EUR 60
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<i>L'OREAL Crème Bath and hair tonic Steam Conditioning Treatment</i> Moisturizing cream melts into the follicles with the gentle heat of a steamer adding shine and vitality to hair	45 min	EUR 60
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<i>Manicure & Polish</i> Professional salon care and polish for hands Hydrating Paraffin mask for hands	60 min +15 min	EUR 75 EUR 20
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<i>Pedicure & Polish</i> Professional salon care and polish for feet Hydrating Paraffin mask for feet	60 min +15 min	EUR 75 EUR 20
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<i>Hair dressing</i> Hair Wash, Cut and Blow Dry (short hair)		EUR 40
Hair wash, Cut and Blow Dry (long hair)		EUR 75
Men's Hair Cut, shampoo and massage		EUR 40

<i>Waxing (Hair removal)</i> Full leg wax		EUR 60
Half leg wax or arms		EUR 30
Bikini or under arm wax		EUR 15
Back or Chest		EUR 30

Prices are non-inclusive of service charge and government tax

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